

A large, stylized pink ribbon graphic is positioned in the background, looping around the text. It is partially obscured by a basketball player silhouette and a basketball.

RUNNING THE POINT FOR PINK WORKSHOP DESCRIPTIONS

**Saturday, October 24, 2009
Science Park High School
260 Norfolk Street
Newark, New Jersey**

1ST QUARTER-AWARENESS

WORKSHOP A Cough up the Ball: Smoking is Unsportsmanlike

Explore smoking and how it's depicted in the media. Take a closer look at the effects of smoking on your body and discover why never to start smoking and how to quit using an athlete's spirit of competition.

WORKSHOP B Hep C is Not a Court Name

Hepatitis can strike a person at any age, not just adults and can lead to certain cancers. Join a discussion on prevention and early detection of liver infections like Hepatitis B and C and get the most playing time out of your life.

WORKSHOP C Box Out! Don't Let an STD Get in the Way

A player's defense is key on the court but also in life. Young athletes must protect their dreams and their bodies. Join us for a candid conversation on avoiding STD's, particularly those that may lead to a risk of cancer.

WORKSHOP D Straight Talk about Breast Health

Making an effort to take your breast health into consideration is an important choice. Join us as we explore how you can reduce your risk of breast cancer by doing some simple things.



2ND QUARTER-EDUCATION

WORKSHOP E When There Isn't a Full Ride: Financial Aid Options
An athletic scholarship is hard to achieve. This workshop explores ways for student-athletes to be ready to afford going to college even without getting an "offer"

WORKSHOP F Pick & Roll: Selecting the Right College
Students engage in a discussion on making the right college choice. Students learn to evaluate schools on the basis of current academic programs of study, academic supports, interests and opportunity; as a prospective student-athlete as well as transitioning and adapting from one environment to another. Students also discuss the roles of the Admission Officer, Compliance Officer, Financial Aid Officer, and the Athletic Recruiter in the admissions/scholarship process.

WORKSHOP G What Every Player Should Know: Educational Resources for College Bound Athletes
College applications, the personal statement, multiple registrations, are important activities of the college bound athlete. Join a discussion on resources that make it easier to manage one of the most exciting but challenging times in a student's life.

WORKSHOP H Do the Right Thing: Avoiding a Personal Foul
Using examples of athletes in the media students engage in discussion on how socially unacceptable conduct can impacts one's life, future/current contract offers, sponsors, earning potential and success.

3RD QUARTER-SPORTS

WORKSHOP I Faster Better Stronger Naturally
Injuries can affect a high school athlete's overall performance and scouting opportunities. Learn what the most common injuries sustained by young athletes are and how they may be avoided.

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WORKSHOP J

Are You Ready for College Sports

"Are you eligible" is an important question for a college bound athlete. Explore the NCAA Initial Eligibility process and how to overcome or avoid the common mistakes of athletes seeking athletic scholarships.

WORKSHOP K

Eating for Athletics Huddle

Fast food and energy drinks; common food choices for the young athlete. Learn how eating affects energy and performance and explore how to make better food choices when you're off the court and field.

WORKSHOP L

The True Tri-Athlete: Academics, Athletics & Community Action

Using examples of the community service opportunities student-athletes engage in a discussion on how important it is to "give back" now as a young athlete, how to leverage "service" into future opportunities, and how to diversify their scholarship/admission profile focusing on academics, athletics, and community-based volunteerism.

4TH QUARTER-THE GAME

LADY HOPE VS. LADY CURE

Join us as the Lady Cure face off with the Lady Hope in a basketball game that everyone wins.

A portion of the proceeds to benefit the Essex County Cancer Coalition.

The Satori Athletic Organization (SAO) reserves the right to change the event schedule and workshops without advance notice.